



ROASTED SLICE FORESTIER

WITH MASHED AVOCADO AND ROASTED CHICKPEAS.

INGREDIENTS

- Ripe avocado
- Chickpeas
- Herbs (cumin, smoked paprika powder, cayenne pepper or Piment d'Espelette)
- Lemon juice


METHOD

- 1 Roast or grill a slice of Forestier bread.
- 2 Bake the pre-cooked chickpeas in the oven until crispy (15 mins) seasoned with the smoked paprika powder and espelette pepper (or cayenne pepper).
- 3 Spread the avocado spread on a slice and put the chickpeas on top.

PRODUCTINFO

2102128   
Forestier



 630g
 12  32
 240°C  210°C for 9-11 min.
PART BAKED

Dark multigrain bread made from wheat and roasted malt flour with a little dried rye sourdough and enriched with crushed soybeans and sunflower seeds. Flour dusted.




La Lorraine
Baking passion

