ØDEMI BAGUETTE FITNESS 27

WITH ROAST BEEF, PARMESAN PETALS, SUN-DRIED TOMATOES AND BALSAMIC CREAM.

INGREDIENTS

- Roast beef, slices
- Parmesan cheese petals
- Sun-dried tomato (semi-sec)
- Red onion

- Rocket
- Chives, chopped
- Toasted pine nuts
- Balsamic cream

METHOD

- 1 Halve the baguette horizontally.
- 2 Compose the sandwich starting with the roast beef, parmesan petals, balsamic cream, rocket, red onion, and sun-dried tomato wedges.
- 3 Additionally, sprinkle with chopped chives and toasted pine nuts to finish it off.
- 4 Close the sandwich, press a little.
- TIP In case you want the recipe to be more creamy or velvety, spread some cream cheese or mayonnaise on both cutting surfaces of the baguette before composing the sandwich.

PRODUCTINFO

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Multigrain half-baguette with roasted wheat malt and a touch of wheat sourdough for a deeper flavour. Enriched with sunflower seeds, linseed, sesame seeds, wheat bran, buckwheat and soy flakes.

